

Primary School Meals

from Walsall Catering Service

Winter October–April 2019

Welcome to
your new menu from
Bangers and Mash

Freshly
prepared fruit
and salad
available
every day!



Walsall Council

PROUD OF OUR PAST OUR PRESENT AND FOR OUR FUTURE

Menu

winter october – April 2019

Week 1	Week Commencing 05/11/18, 26/11/18, 17/12/18, 21/01/19, 11/02/19, 11/03/19		
	Monday	Tuesday	Wednesday
Menu A	Oven Baked Sausage	Love Joes Chicken Wrap	Homemade Chicken/Quorn Curry
Menu B	Oven Baked Fish Fingers	Quorn Bolognaise	Homemade Pizza & Spaghetti Hoops
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Creamed Potatoes	Pasta Garlic Bread	Naan Bread, Rice, Jacket Wedges
Vegetables	Peas & Carrots	Peas & Sweetcorn	Peas
Desserts	Blueberry Muffin & Custard	Fruit Flapjack & Custard	Fruit Pie/Crumble & Custard

Week 2	Week Commencing 12/11/18, 03/12/18, 07/01/19, 28/01/19, 25/02/19, 18/03/19		
	Monday	Tuesday	Wednesday
Menu A	All Day Breakfast	Homemade Lasagne	Love Joes Chicken Wrap
Menu B	Homemade Cheese & Potato Pie	Oven Baked Fish Fingers	Homemade Pizza
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Warm Crusty Bread	Jacket Wedges, Garlic Bread, Creamed Potatoes	Jacket Wedges
Vegetables	Tomatoes Baked Beans	Peas	Carrots & Peas Baked Beans
Desserts	Sugar Ring Doughnut	Jam Feather Sponge & Custard	Chocolate Orange Brownie & Custard

Week 3	Week Commencing 19/11/18, 10/12/18, 14/01/19, 04/02/19, 04/03/19, 25/03/19		
	Monday	Tuesday	Wednesday
Menu A	Aberdeen Angus Beef Burger & Bun	Homemade Pasta Bolognaise	Homemade Chicken Curry
Menu B	Quorn Tikka Wrap	Oven Baked Fish Fingers	Homemade Pizza
Menu C	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling
Starch	Jacket Wedges Creamed Potatoes	Garlic Bread Jacket Wedges	Rice, Naan Bread, Jacket Wedges
Vegetables	Sweetcorn Baked Beans	Freshly Prepared Carrots & Peas	Peas & Sweetcorn Baked Beans
Desserts	Fruit Topped Waffle	Iced Sponge & Custard	Magic Chocolate Sponge



Alternative Desserts available every day:
Fresh Fruit Salad, Yoghurt, Cheese & Biscuits
Water is available every day



**Pasta
& Sauce
(Vegetarian)
every day!**

19, 01/04/19

Thursday	Friday
Roast Beef Yorkshire Pudding	Oven Baked Battered Fish
Cheese Omelette & Spaghetti Hoops	Quorn Nuggets
Jacket Potato & Filling	Jacket Potato & Filling
Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Freshly Prepared, Cauliflower & Broccoli, Baked Beans	Peas
Iced Sponge & Custard	Strawberry Mousse

19, 08/04/19

Thursday	Friday
Chicken Fillet & Stuffing	Oven Baked Battered Fish
Cheese Omelette & Spaghetti Hoops	Cheese Pasty
Jacket Potato & Filling	Jacket Potato & Filling
Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Broccoli & Sweetcorn	Peas
Choccy Beet Cake & Custard	Fresh Fruit Salad & Shortcake Finger

19, 29/04/19

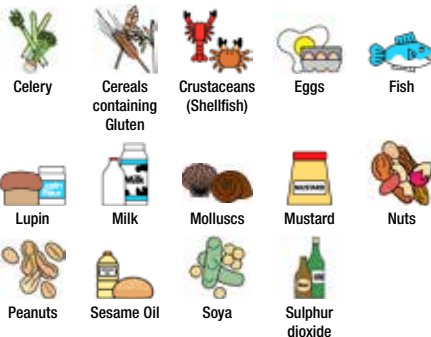
Thursday	Friday
Roast Turkey & Stuffing	Oven Baked Battered Fish
Cheese Omelette Spaghetti Hoops	Vegetarian Sausage Roll
Jacket Potato & Filling	Jacket Potato & Filling
Fresh Roast Potatoes Creamed Potatoes	Oven Baked Chips
Freshly Prepared Cauliflower & Broccoli	Peas
Fruit Sponge & Custard	Chocolate Cracknell & Custard

Our menu

This menu is provided to schools across Walsall, however some schools may request changes or provide an additional choice.

Allergens

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the child's dietitian.

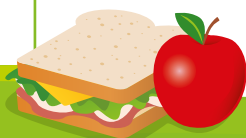


Some of our menu items contain allergens, including: **Celery, Cereals containing Gluten, Crustaceans (Shellfish), Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Sesame oil, Soya, Sulphur dioxide.**

Peanuts and **Nuts** are also classed as allergens but these are not used on our menu.

For more information on allergies or special diets please contact Walsall Catering Services on 01922 652560.

Sandwich option available



There is a choice of fresh sandwiches available daily.

Freshly prepared salad and bread basket every day!



Pricing

All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals (eligibility criteria include a family income less than £16,190 and not receiving Working Tax Credit).



Contact your child's school or the Local Authority on 01922 650000/ 0300 555 2855 or visit the Civic Centre for more information. Your child's school will let you know if and how much you will need to pay for school meals.

Apply online for an instant decision

http://cms.walsall.gov.uk/free_school_meals

Alternatively email: freeschoolmeals@walsall.gov.uk for information

Did you know?

- Our fresh produce is all sourced in the West Midlands
- Our menu is fully compliant with the statutory school food standards
- We only use free range eggs
- All of our meat is British and Red Tractor Certified

Food Theme Days

There are lots of Theme Days for the 2017/18 School Lunch Menu. Christmas Lunch is a firm favourite with both adults and children, where staff and pupils join together to enjoy some traditional Christmas fare. Dates will be confirmed nearer the time and may vary from school to school.

Please check with your child's school for further details.

High Standards:



contact us

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